

STAMP OUT SPORT RAGE

Tips for Parents

Parents can help create a positive sporting environment and reduce sport rage by being good role models. To do this:

Encourage Fair Play

- Cheer and acknowledge good plays by both teams.
- Thank the official, coach and other team after the game.

Respect Officials, Coaches and Opponents

- Accept decisions by officials - they are human and can make mistakes.
- Deal with issues in a controlled and professional manner after the game.

Keep your emotions in check

- Be enthusiastic, but don't scream instructions from the sideline.
- Don't get into shouting matches with anyone.
- Never use bad language or harass others.

Uphold Your Club's Code of Conduct

- Understand, uphold and support your club's code of conduct for parents.

Help Kids Enjoy Sport

- Emphasise trying hard and having fun, not only winning.
- Never ridicule or yell at a child for making a mistake.

CODE OF CONDUCT FOR PARENTS

- I won't pressure my child in any way - I know that this is their game not mine.
- I will not use bad language, nor will I harass players, coaches, officials or other spectators.
- I will encourage my child to play within the rules and respect officials' and coaches' decisions - no matter what.



- I will not arrive at the venue intoxicated or drink alcohol at junior matches.
- I will teach my child to respect the efforts of their opponents.
- I will remember that children learn best by example so I will applaud good plays/performances by both my child's team and their opponents.
- I will give positive comments that motivate and encourage continued effort.
- I will focus on my child's efforts and performance - not the score.
- I will thank the coaches, officials and other volunteers who give their time to conduct the event for my child.
- I will help when asked by a coach or official.
- I won't criticise or ridicule my child's performance after the game.
- I will respect the rights, dignity and worth of all people involved in the game, regardless of their gender, ability or cultural background.

www.playbytherules.net.au is a great place to learn more about fair play in sport.



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